



**SCHOOL HEALTH SERVICES**  
Creating and Sustaining a Healthy School Culture



**Coordinated School Health  
2<sup>nd</sup> Quarterly Statewide Meeting  
Virtual**

**Wednesday, November 3, 2021**

**Nicotine Use and Arkansas Youth: Prevention and Cessation Strategies for Schools**

- 8:10 **Meeting Portal Opens**  
Participants may begin logging into the virtual meeting. Presentations and resources may be found online at <https://bit.ly/ARCSH-main>. Meeting presentations and resources will be located in the 2021-2022 CSH folder with an additional resource folder labeled *Resources for E-Cigarettes*.
- 8:30 **Welcome**  
Introductions of school health staff and school health updates
- 8:40 **E-Cigarettes and Tobacco Use Among Arkansas Youth**  
*Joy Gray, Branch Manager, Tobacco Prevention and Cessation Program (TPCP), Arkansas Department of Health*  
*Amie Lein, Tobacco Epidemiologist, Arkansas Department of Health*  
Presenters will share eye-opening facts about the evolving tobacco industry including updated data regarding use of nicotine products among Arkansas adolescents.
- 9:00 **Oral Health: The Effects of Nicotine and Tobacco**  
*Dr. Lindy Bollen, Arkansas Department of Health, Director of Oral Health*  
Dr. Bollen will share information on how nicotine and tobacco affect oral health and how the early use of tobacco and nicotine can significantly increase the chances of disease later in life.
- 9:15 **Prevention First: CATCH My Breath Curriculum for Elementary**  
*Katie Priest, Region 5 Prevention Provider, Harbor House Inc.*  
Participants will learn about the CATCH My Breath tobacco prevention curriculum for elementary schools and how it can be integrated into other content areas and education initiatives, such as Guide for Life.
- 9:45 **Local Resources for Education: Department of Human Services**  
*Lisa Perry, Ph.D., Director of Prevention Services, Arkansas Department of Human Services*  
Dr. Perry will share information regarding regional staff available to support school personnel with implementing prevention programs and strategies for students. Supports include funding opportunities and classroom instructional resources for smoking, vaping, smokeless tobacco, and nicotine use prevention.
- 10:25 **BREAK**
- 10:30 **Cessation Support Instead of Punishment**  
*Laura Taylor, Project Prevent Youth Coalition Director, Arkansas Children's Hospital*  
This session will focus on resources school can utilize that provide cessation supports for students identified as nicotine users, including youth-focused online cessation supports.
- 11:30 **Policy Change at the Lamar School District**  
*Miranda Kenner, School-Based Health Center Coordinator, Lamar School District*  
The session will provide insight into how the Lamar School District went from a policy of punishment to cessation support for students found to have a vaping device and/or tobacco products on campus.
- 11:50 **Closing, Evaluation, and Adjournment**

**Next CSH Meeting:**

**February 2, 2022 Hybrid In-person & Virtual: 8:30am-12pm**

**Topic: Resiliency Intervention for Schools, Students, and Community**

