



**Coordinated School Health
Quarterly Statewide Meeting
Virtual
Wednesday, November 9, 2022
Resiliency and School Climate**

- 8:10 **Meeting Portal Opens**
Participants may begin logging into the virtual meeting.
- 8:30 **Welcome**
Introductions of school health staff and school health updates
- 8:40 **Resiliency for All**
Cindy Schaefering, Arkansas Department of Health, Community Health Nurse Specialist, Northcentral Arkansas Educational Services Cooperative
The goal of Resiliency for All is to prepare adults to develop and support resilience skills in young people. In this course, educators will identify how these four areas (wellness, healthy thinking, connection, meaning) play a role in resilience. This content will be applied to the educator first, and then to building these skills in students. Educators will be able to describe one way to help young people build more resilience from each area of wellness, healthy thinking, connection, and meaning.
- 9:30 **How's the Weather Over There? Exploring and Enhancing School Climate**
Dr. Stacy Moore, Behavioral Support Specialist, Ozark Unlimited Education Cooperative
How would you describe the climate of your school? During our time together, we will dive into what we actually mean when we talk about school climate. Through personal application we will explore our experiences within school environments and how those experiences impact how we feel about the places where we learn and work. We will also examine how trauma-invested practices, social and emotional learning, and PBIS all fit into efforts aimed at improving school climate.
- 10:30 **Break**
- 10:40 **Assessing Your School Climate**
Dr. Stacy Moore, Behavioral Support Specialist, Ozark Unlimited Education Cooperative
Now that we have explored what comprises school climate, how do we know if ours is good or bad? positive or negative? How do we begin assessing and making progress toward our desired goals? Together we will explore various components of school climate assessment and a few options to get you started.
- 11:30 **Cook Center for Human Connection**
Nick Newbold, Director, School and Community Advocacy
Grace Brown, Manager, Impact and Implementation
An overview of the Cook Center for Human Connection's educator and parent resources to support mental health for families.
- 11:45 **Closing Remarks**
- 11:55 **Adjournment**

Next CSH Meeting:
February 1, 2023, virtual: 8:30am-12pm
Topic: Arkansas Crisis: Opioids and Fentanyl

