



# SOCIAL AND EMOTIONAL LEARNING PROGRAMS




DIVISION OF ELEMENTARY AND SECONDARY EDUCATION  
ARKANSAS DEPARTMENT OF EDUCATION

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**Definition of SEL:** Social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

Program	Description	Grade Levels	Training and Resources
<b>Capturing Kids Hearts</b> <a href="https://flippengroup.com/capturing-kids-hearts/">https://flippengroup.com/capturing-kids-hearts/</a> <b>Capturing Kids Hearts 2</b> <a href="https://flippengroup.com/education/capturing-kids-hearts-2/">https://flippengroup.com/education/capturing-kids-hearts-2/</a>	<p>"If you have a child's heart, you have their mind" - core belief from founder Flip Flippen.</p> <p>Teachers create relational connections to students and performance increases.</p> <p>Provides a valuable foundation for establishing a positive school culture.</p>	K-12	<p>2-day training for all campus-level staff Includes tools for teaching</p> <p>2-day training of subset of campus influencers to be Process Champions</p>
<b>Character Counts</b> <a href="https://charactercounts.org">https://charactercounts.org</a>	<p>CHARACTER COUNTS! utilizes its <a href="#">Six Pillars of Character</a>: Trustworthiness, Respect, Responsibility, Fairness, Caring and Citizenship as a foundational strategy while incorporating other nation's best-practices and methodologies. Besides emphasizing and promoting a focus on positive school climate, other defining elements of CHARACTER COUNTS! are intensive decision-making strategies, mindfulness, growth mindset and behavioral change theories. CHARACTER COUNTS! practical strategies</p>	K-12	Lesson Plans

	<p>produce exceptional results in the academic, social, emotional and character development domains.</p>		
<p><b>Character Strong</b> <a href="https://characterstrong.com">https://characterstrong.com</a></p>	<p>Holistic approach. Curriculum supplement that builds positive character habits through consistent, intentional practice.</p>	<p>Pre K-12</p>	<p>Virtual 1 or 2 day SEL and Character Workshops</p>



<p><b>Choose Love</b></p> <p><a href="https://chooselovemovement.org">https://chooselovemovement.org</a></p> 	<p>Learning to choose love even when life is difficult will change your life for the better and the lives of those around you. Social and emotional learning (SEL) is a way to teach children and adults how to understand and manage their emotions. It helps people make good decisions and work towards positive goals while caring for and nurturing the relationships around them.</p> <p>Choose Love Movement's next-generation SEL programming is built upon a simple formula: courage, plus gratitude, plus forgiveness, plus compassion in action equals Choosing Love.</p> <p>When learned and practiced daily, these character values transform you, your relationships with others, and create a ripple effect of happiness, health and productivity.</p>	<p>Elementary, Middle School</p> 	<p>User friendly guided lessons - online training also available</p> 
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<p><b>Guide For Life</b></p> <p><a href="#">G.U.I.D.E. for Life/SEL Resources</a></p>	<p>The G.U.I.D.E. for Life personal competency standards are skills that all Arkansas students need to be successful. Standards can be addressed through regular classroom instruction and by creating safe, supportive learning environments and school cultures.</p>	<p>K-12</p>	
<p><b>Mawi Learning (ACT)</b></p> <p><a href="https://mawilearning.com">https://mawilearning.com</a></p>	<p>The Mawi Learning SEL framework builds upon (5) core evidence-based SEL competencies that drive gains in academic achievement and student well-being.</p>	<p>K-12</p>	<p>Blended Delivery, Fully online and Teacher Extension Resources Available.</p> <p>Powerful Educator PD can be structured PD or via self-guided instruction</p>
<p><b>Positive Behavioral Interventions &amp; Supports (PBIS)</b></p> <p>An evidence-based three-tiered framework to improve and integrate all of the data, systems, and practices affecting student outcomes every day.</p> <p><a href="https://www.pbis.org/">https://www.pbis.org/</a></p>	<p>PBIS improves social, emotional and academic outcomes for all students, including students with disabilities and students from underrepresented groups. PBIS is not a curriculum you purchase, or a one-day training, it is a commitment to addressing student behavior through systems change.</p>	<p>K-12</p>	<p><b>Tier 1</b> has 3 training days with follow up coaching support via zoom</p> <p>Tier 2 has 2 training days With follow up support via zoom</p>

<b>Purpose Prep</b> <a href="https://purposeprep.com">https://purposeprep.com</a>	An evidence-based, media rich, and comprehensive PreK-12 solution designed to create whole humans and help students find their purpose.	PK-12	On-site & Online delivery
<b>Second Step</b> <a href="https://www.secondstep.org/">https://www.secondstep.org/</a>	<i>Social-Emotional Learning Second Step SEL</i> is research-based, teacher-informed, and classroom-tested to promote the social-emotional development, safety, and well-being of children from Early Learning through Grade 8.	Pre-K - 8 High School program is in development	Includes training toolkits including assessments  Varies: Approx. 2-3 hours throughout the year